



# TensCam in Action

News about energy-based healing from Crosby Advanced Medical Systems, Inc.

Charles Crosby, DO, MD (H)

[www.tenscam.com](http://www.tenscam.com)

Call **407.823.9502**

## LaserCam Brain Tune-up



There are many exercises to enhance brain function. What if you could take them to the next level? The following account illustrates how that might be possible.

In September 2011, Nancy (name changed) began an online program to enhance brain function. The program, called Lumosity brain games, provides a series of exercises in five different categories of brain fitness (Memory, Problem solving, Attention, Speed and Flexibility). The exercises measure and record performance so an individual can track his/her improvement. After eight months of regular (nearly daily) participation in the program, Nancy typically achieved a "personal best" in one or more categories every 3 to 4 weeks.

Nancy had access to a Handheld LaserCam and wondered what would happen if she treated her brain before she began the daily exercises. She held the LaserCam at arm's length and treated her forehead for about one minute. Surprisingly, she achieved personal best scores in all five categories that day! More intriguing was the fact that these scores were significantly better than any "best" she had yet achieved. Encouraged, she did the same thing again the following day. Again she achieved 5 personal best scores. On day 3, Nancy got five more personal best scores. At the time of this writing, Nancy continues to improve at an accelerated rate with personal best scores in 2 or 3 categories nearly every day. When she started the program, Nancy was performing between the 40th and 70th percentile for her age in each of the categories. She had made significant improvement. However, just 3 weeks after beginning to use the LaserCam, she is consistently performing well above the 90th percentile in all categories.

"It's subtle," says Nancy, "and it's not like I feel smarter, but there are times when I am aware of being more

focused and times when I feel as though I am able to think more quickly. The combination of the exercises and the LaserCam has made the 'games' more fun."



The chart above illustrates how LaserCam treatment accelerated Nancy's performance as measured by the Lumosity brain games program.

### Ask Dr. Crosby

**Q: Are there any studies on the use of CAMS technology for brain function?**

**A:** No. There is no objective research yet. It would be an interesting area for LaserCam users to explore. Treatment could prove valuable for patients with brain damage or for any of the diseases that involve deterioration of the brain. Nancy's experience also brings up questions regarding the possibilities with learning disabilities and even something as simple as taking an exam. There are many areas that could be explored. We hope our CAMS users will explore and keep us posted.

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Crosby Advanced Medical  
Systems, Inc.  
13556 Dornoch Drive, Suite 1  
Orlando, FL 32828 USA



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