



# TensCam in Action

News about energy-based healing from Crosby Advanced Medical Systems, Inc.

Charles Crosby, DO, MD (H)

[www.tenscam.com](http://www.tenscam.com)

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## Multiple sclerosis patient:

### 'With TensCam, I haven't had an MS flare-up in 7 years!'

Sharron M., age 61, will never forget the day she was diagnosed with multiple sclerosis. "It was Wednesday June 18, 2003," she recalls. "My son got married two weeks later.

"My neurologist did an MRI and it showed five lesions in my brain and three in my spine," says Sharron. "It was scary! I thought, 'What if I end up in a wheelchair?'"

#### Medications had side-effects

Sharron's neurologist treated her with powerful medications including Solu-Medrol, a potent IV steroidal chemical therapy, and Avonex, a weekly shot of an interferon.

"Avonex produces flu-like symptoms for 24 hours," she says. "I was on that for a year, and had all kinds of side-effects and digestive problems."

#### Sharron finds out about TensCam

A few months after her MS diagnosis, Sharron heard about [TensCam](#). "My daughter had a friend who had gone to med school in Philadelphia," says Sharron. "She called my daughter and said, 'Get your mom down here—there's something that a guy I'm working with would like to try on her.'"

"My husband and I drove six hours to meet with him," says Sharron. "He introduced me to TensCam.

"I'd had painful stinging in my neck and upper back since being diagnosed with MS," Sharron recalls. "Nobody knew what it was, but the stinging was driving me crazy! As a schoolteacher, I was uncomfortable all day.

"The stinging bothered me all the way on the drive to Philadelphia," she says. "When the doctor tried the TensCam unit on me, he directed it right to where I had the stinging. When we were done, I rode home for six hours—and had no pain! The stinging was gone."

#### 'I want a TensCam!'

"I couldn't believe it!" Sharron recalls. "That's when I told my husband, 'I want one of those units'—and I got one.

"I took my TensCam to school with me every day, and if I had some stinging, I would use it and get relief. After

using my TensCam for a while, I've had no more stinging—for years!" she says. "And I've never developed any more MS lesions."

#### 'I'm un-inflaming myself'

"I use the TensCam on anything that causes me pain or problems, and I get relief," says Sharron, who retired from teaching last year. "When I use the TensCam, I think, 'I'm un-inflaming myself.'"

#### Leading an active life

Sharron has been using her own TensCam unit for nearly seven years now. "I still go to my neurologist, and if he thinks a therapy will help me from getting MS relapses, I'll do it," she says. "But even he is amazed at how well I'm doing. I walk 40 minutes every day—I feel fine!"

*If you have MS and would like to speak to Sharron, call Dr. Crosby at 407.823.9502 or e-mail [drcrosby@tenscam.com](mailto:drcrosby@tenscam.com).*

## Ask Dr. Crosby

### Why do I have to 'snort' to make the TensCam work?

*Exhaling forcefully through the nose while concentrating on the body part you wish to heal is an important part of programming the quartz crystal in your TensCam unit.*

*This forceful nasal exhalation coordinates the thought between the right and left hemispheres of your brain and projects it to the TensCam device.*

### Have a question?

#### Ask Dr. Crosby

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